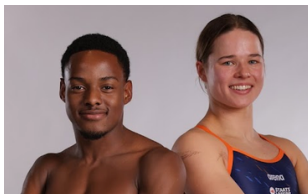
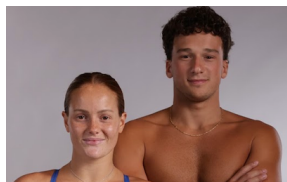
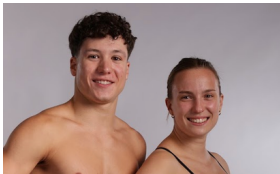


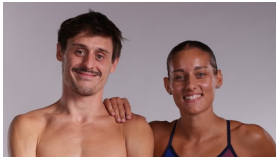
DIVING – DAY 03

MIXED 3m SYNCHRO – 02 August 2026

2021 European Champion	Chiara Pellacani – Matteo Santoro, ITA, 300.69
2021 Olympic Champion	not on the competition programme
2022 Worlds Champion	Zifeng Zhu – Shan Lin, CHN, 324.15
2022 European Champion	Tina Punzel – Lou Massenberg, GER, 294.69
2023 European Champion	Chiara Pellacani – Matteo Santoro, ITA, 291.39
2023 World Champion	Zifeng Zhu – Shan Lin, CHN, 326.10
2024 World Champion	Domonic Bedggood – Maddison Keeney, AUS, 300.93
2024 European Champion	Desharne Bent-Ashmeil – Ben Cutmore, GBR, 268.50
2024 Olympic Champion	not on the competition programme
2025 European Champion	Lena Hentschel – Luis Avila, GER, 289.74
2025 World Champion	Chiara Pellacani – Matteo Santoro, ITA, 308.13

TEAM	NAMES	OG	WC	EC
NED Matthew HIBBERT Oona ABBEMA 	Oona Abbema DoB: 19 FEB 2002 (24) PoB: Utrecht Residence: Amersfoort Club: TeamNL/ Aquarijn Coach: Angelique de Vroome Occ.: Student (Medicine) Height: 172m	Results Abbema University Games 8. 3m 25 15. 1m 25		Results Abbema 8. Team 26 9. 1m 25
	Matthew Hibbert DoB: 11 FEB 2006 (20) PoB: Club: Aquarijn Coach:			Results Hibbert 8. Team 26 9. 1m 25 21. 3m 25
ITA Chiara PELLACANI Matteo SANTORO 	Chiara Pellacani DoB: 12 SEP 2002 (23) PoB/Residence: Rome Club: Fiamme Gialle - Nuoto / MR Sport F.lli Marconi Coaches: Domenico Rinaldi, Tommaso Marconi Height: 158cm	Results Pellacani 4. 3m 24 4. SYN-3m 24 7. SYN 3m 21	Pellacani/ Santoro 1. Mix-SYN-3m 25	Pellacani/ Santoro 2. Mix-SYN-3m 25
		Results Pellacani 3. 1m, 3m 25 5. SYN-3m 25 (Elisa Pizzini) 6. Team 25 2. Mix-SYN-3m 22, 24 8. SYN-3m 24 10. 3m 24 10. Team 24 33. 1m 24 3. SYN-3m 23 3. Mix-SYN-3m 23 4. 1m 22 5. 3m 23 6. 1m 23 7. Team 23 7. SYN-10m 19 9. 3m 22 9. SYN-3m 19 JUN-1. Team 21	Results Pellacani 1. Team 26 1. 1m 25 3. Team 25 4. 3m 25 4. SYN-3m 25 (Pizzini) 1. 3m 22, 23 1. SYN-3m 18, 21, 23 1. SYN-10m 19 1. Team 22 1. Mix-SYN-3m 23 2. 3m 21 2. SYN-3m 21, 22 2. Team 21 3. 1m 21, 22 3. SYN-3m 23 3. Mix-SYN-3m 22 4. SYN-10m 17, 18 5. 1m 19 5. Team 17 6. 3m 19 JUN-1. 3m 17	
	Matteo Santoro DoB: 09 OCT 2006 (19) PoB: Rome Club: GS Marina Militare - MR Sport F.lli Marconi Coach: Alice Palmieri Height: 175cm		Results Santoro 6. Team 25 24. 3m 25 2. Mix-SYN-3m 22, 24 3. Mix-SYN-3m 23 10. Team 24 JUN-1. SYN-3m 22 JUN-1. Team 21	Results Santoro 1. Team 26 3. Team 25 4. 3m 25 2. 1m, 3m 24 4. SYN-3m 24 (Stefano Belotti) 1. Mix-SYN-3m 21, 23 2. Mix-SYN-3m 21 3. Mix-SYN-3m 22 JUN-1. 1m/3m 22, 24 JUN-1. SYN-3m/Team 22

TEAM	NAMES	OG	WC	EC
GER Lena HENTSCHEL Luis AVILA 	Lena Hentschel DoB: 17 JUN 2001 (25) PoB: Berlin Club: Berliner TSC Coach: Christian Picker Height: 155cm	Results Hentschel 3. SYN-3m 21 (Tina Punzel) 6. SYN-3m 24 (Jette Mueller) Note Hentschel Finished her studies in Columbus/USA at Ohio State University and returned to Berlin in spring. Starting in Autumn, she will join the Federal Army.	Hentschel/Avila 6. Mix-3m 25 Results Hentschel 4. 3m 25 13. 1m 25 4. Mix-SYN-3m 24 4. Team 24 6. 3m 24 6. SYN-3m-24, 25 18. 3m 24 3. Team 23 9. SYN-3m 23 4. SYN-3m 22 12. 3m 22	Hentschel/Avila 1. MIX-SYN-3m 25 Results Hentschel 7. Team 26 2. SYN-3m 25 (Mueller) 2. Team 25 3. 3m 25 5. 1m 25 1. SYN-3m 21, 22 2. SYN-3m 18, 19, 23 12. 3m 22 4. 1m 19 4. 3m 23 5. 1m 23, 25 JUN-1. 1m, 3m 16
	Luis Avila DoB: 15 AUG 2005 (20) PoB / Residence: Berlin Club: Berliner TSC Coach: Igor Gulov Height: 170cm	Note Avila Avilas father was a diver in his native Cuba before being forced to leave the country for political reasons. Luis was born in Germany and is currently in the 12 th grade at the sports high school in Berlin. In his free time, you can find him skateboarding.	Results Avila 38. 10m 24 35.10m 23	Results Avila 10. 10m 25 3. Team 24 16. 10m 24 6. SYN-10m 24 JUN-5. 10m 19
GEO Tekle SHARIA Koka SAKANDELIDZE 	Tekle Sharia DoB: 10 JAN 2007 (18) PoB / Residence: Club: Coach:		Results Sharia 15. Mix-SYN-3m 24 17. SYN-3m 24 43. 1m 24 JUN-12. SYN-3m 24 JUN-30. 3m 24	Results Sharia 6. SYN-3m 25 (Mariami Shanidze) 8. Mix-SYN-3m 25 (Giorgi Tsulukidze) 24. 3m 25 7. Mix-SYN-3m 24 8. SYN-3m 24 20. 3m 24
	Koka Skandelidze DoB: 23 SEP 2008 (17) Club: Coach:			
SUI Michelle HEIMBERG Erik PASSERONE 	Michelle Heimberg DoB: 02 JUN 2000 (26) PoB: Wettingen Residence: Erlinsbach Club: Schwimmklub Thun Coach: Francisco Parga Occ.: Communication project manager Height: 165cm	Results Heimberg 11. 3m 21 Notes Heimberg First Swiss diver winning an EC medal (Kiev, 2017); European champion 2023 (1m). 8 European medals so far. Started Diving at age 12. Previously an artistic gymnast for 8 years, then switched to diving following 2 patella fractures.	Results Heimberg 5. 1m 25 8. 3m 25 9. 1m 24 33. 3m 24 6. 3m 22 8. 1m 22, 23 8. Mix-SYN-3m 17 15. 1m 17 16. 1m 19 22. 3m 23 24. 3m 17 28. 3m 19 JUN-4. 1m 16	Results Heimberg 1. 3m 25 3. 1m 25 1. 1m 23 2. 1m 21 2. 3m 17, 22 3. 3m 23 3. Mix-SYN-3m 19 5. 3m 18, 19, 21 5. Mix-SYN-3m 17, 18 6. 1m 17 7. 1m 19, 22 9. 1m 18 JUN-1. SYN-3m 16 JUN-2. 3m 16 JUN-3. 1m 15, 16
	Erik Passerone DoB: 23 MAR 2009 (17) Residence: Zurich Club: Verein Zürcher Wasserspringer Coach: Saeid Taghbostani Occupation: Student Height: 173cm			Results Passerone JUN-3. 10m 24

TEAM	NAMES	OG	WC	EC
FRA Gwendal BISCH Nais GILLET	Gwendal Bisch DoB: 26 AUG 1998 (27) PoB / Res.: Strasbourg Club: Team Strasbourg Coach: Clemence Monnery, Maissam Naji Height 180cm	Results Bisch 16. 3m 24	Results Bisch 9. SYN-3m 25 21. 1m 25 30. 3m 25 7. 1m 24 11. 3m 24 8. SYN-3m 24 13. SYN-3m 19 16. 1m 19 39. 3m 19	Results Bisch 12. 1m 26 6. Team 26 1. 3m 24 5. Team 24 9. 3m 24 12. 1m 22 19. 3m 17 JUN-2. 3m 16
	 Nais Gillet DoB: 14 SEP 2002 (23) PoB: Dieppe Club: VGS St Maur Coach: Clemence Monnery, Maissam Naji Occupation: Student (kinesitherapy) Height: 172cm	Results Gillet 8. SYN-3m 24 Note Gillet Her sister Jade Gillet is also a diver but not competing in Paris 2025. Both sisters were former gymnasts for 15 years	Results Gillet 12. 1m 25 22. 3m 25 11. Mix-SYN-3m 22 12. SYN-3m 22 14. SYN-3m 23, 24 25. 1m 23 29. 3m 23 30. 1m 22 JUN-7. 1m 21 JUN-10. 3m 21	Results Gillet 3. SYN-3m 24 5. Team 24 6. SYN-3m 22 6. Team 22 8. Mix-SYN-3m 22 9. 1m 22 10. 1m 21 22. 3m 21
SWE Peter SAUR HUBBRED Hanna EKDAHL	Peter Saur Hubbred DoB: 22 JUN 2007 (19) PoB: Lørenskog Norway Residence: Malmö Club: Malmö Kappsimningsklubb Coach: Hannah Persson Occupation: Student Height: 185cm			
	 Hanna Ekdahl DoB: 11. AUG 2007 (18) PoB: Malmö Residence: Malmö Club: Malmö Kappsimningsklubb Coach: Hannah Persson Occupation: Student Height: 168cm			
UKR Kyrylo AZAROV Diana KARNAFEL	Kyrylo Azarov Dob: 14 DEC 2007 (18) PoB / Residence: Kyiv Club: UKR National Team Coach: Illya Tseliutin Occ.: University student Height: 170cm	Note Azarov Kyrylo's first international competition was the 2021 Junior Europeans. In 2023, Kyrylo made his senior European Championships debut, competing in the mixed SYN 3m with Anna Pysmenska.	Results Azarov 13. Mix-SYN-3m 24 17. 1m 24 JUN-3. Team 24 JUN-6. 3m 24 JUN-1. 1m 22 University Games 5. SYN-3m 25 16. 1m 25 10. 3m 25	Results Azarov 9. Mix-SYN-3m 23 (Anna Pysmenska) Won altogether nine medals at European Junior Championships.
	 Diana Karnafel Dob: 08 JAN 2007 (19) PoB / Residence: Kyiv Club: UKR National Team Coach: Olga Ivanenko Occ.: University student Height: 163cm	Note Karnafel Diana premiered at the 2021 Junior Europeans Rijeka. Before diving, she practised rhythmic gymnastics. In 2024 she reached the podium at the European Junior Diving Championships for the first time in Rzeszów, winning gold in the 1m event and silver in the 3m event. Together with Kseniia Bochek, she also became a junior world champion in the SYN-3m event at the 2024 Junior Worlds in Rio de Janeiro. She made her senior national team debut at the 2024 Europeans. At the European Championships in Antalya 2025, where she won gold in the synchronised 3m event alongside Kseniia Bochek. In the same Synchro Team composition Diana came 8th in the Worlds 2025.	Results Karnafel 8. SYN-3m25 (Bochek) JUN-1. SYN-3m 24 (with Kseniia Bochek) JUN-7. 3m 24 JUN-15- 1m 24	Results Karnafel 1. SYN-3m 25 (Bochek) 6. 3m 25 12. 1m 25 JUN-1. 1m 24 JUN-2. 3m 24

TEAM	NAMES	OG	WC	EC
POL Aleksandra BLAZOWSKA Kacper LESIAK	Aleksandra Blazowska DoB: 02 APR 2002 (24) PoB: Sanok Residence: Rzeszów Club: KSW Stal Rzeszów Coach: Grzegorz Kozdrański Occ.: Student (sport) Height: 160cm	Kacper Lesiak DoB: 06 NOV 1996 (29) PoB / Residence: Rzeszów Club: KSW Stal Rzeszów Coach: Borys Rozenberg Occ.: Athlete, coach Height: 180cm	Note Lesiak His longtime partner in Synchro events is Andrzej Rzeszutek (European Champion 1m 2014), also competing in Antalya 2025. Together Lesiak and Rzeszutek won a bronze medal in the 3m-Synchro-event in Belgrade 2024.	Blazowska/ Lesiak 4. Mix-SYN3m 25
				Results Blazowska 43. 1m 25 11. MIX-SYN-3m 24 21. 1m 24 27. 3m 24
				Results Blazowska 5. SYN-3m 25 (Kaja Skrzek) 10. 3m 25 2. 1m 24 13. 1m 23 16. 1m 22 22. 3m 22 23. 3m 23
NAB Illia MOLCHANOV Elizaveta KUZINA	Illia Molchanov DoB: 18 FEB 1997 (29) PoB/Res.: Moscow Club: Junost MoscoSports school Coach: Marina Nikolaeva Height: 170cm	Note Molchanov In his free time, Ilya enjoys tourism, participates in amateur go-kart races, and likes to play table tennis and football.	Results Molchanov 9. 3m 25 12. SYN-3m 25 (Gennadii Fokin) 6. (Mix-SYN-3m) '15 (with Maria Polyakova) Silver medallist at World Junior Championships 2014	Results Lesiak 13. SYN-3m 25 (Andrzej Rzeszutek) 19. 1m 25 32. 3m 25 7. SYN-3m 24 11. Mix-SYN-3m 24 44. 3m 24 9. SYN-3m 23 15. 1m 23 39. 3m 23 8. 1m 19 11. SYN-3m 19 13. SYN-3m 15 21. 3m 19 51. 1m 15
				Results Lesiak 22. 1m 26 6. SYN-3m 25. (Rzeszutek) = tied CRO 17. 3m 25 3. SYN-3m 24 (Rzeszutek) 8. 3m 24 8. SYN-3m 23 20. 1m 23 16. 3m 23 4. SYN-3m 15, 16 6. SYN-3m 18 7. SYN-3m 14 8. Mix-SYN-3m 18 (
				Molchanov/ Kuzina 5. Mix-SYN-3m 25
NAB Illia MOLCHANOV Elizaveta KUZINA	Elizaveta Kuzina DoB: 09 MAY 2003 (23) PoB/Res.: Electrostal Club: Sports school "Electrostal", Electrostal Coach: Aleksandr Vinogradov Height: 163cm	Note Kuzina When she didn't make it to the Olympics, she wanted to quit her career, but she stayed.	Results Kuzina 28. 3m 25 16. SYN-3m 25 5. Team 25	JUN-1. 1m 12, 13
				Results Molchanov 11. 1m 26 2. (Team Event) 19 (with Beliaeva, Minibaev, Koroleva) 6. (1m) 19 3-time gold medallist at European Junior Championships. 1 gold, 1 silver, 1 bronze at European Games Baku 15
				Results Kuzina

TEAM	NAMES	OG	WC	EC
ROU Amelia Enya FOERSTER Alexandru AVASILOAE 	Amelia Enya Foerster DoB DoB: 01 JUL 2007 (19) PoB: Leipzig, GER Residence: Bucharest Club: CSA Steaua Bucharest Coach: Florin Avasiloe Occ.: Student (sport) Height: 160cm		Results Foerster 39. 1m 23 48. 3m 23 JUN-9. Team 22 JUN-10. 3m/10m 22 JUN-16. 1m 22 JUN-14. 10mm 24 JUN-27. 1m 24 JUN-8. SYN-10m-24	Foerster- Avasiloe 5. Mix-SYN-10m 25 4. Mix-SYN-10m 24 Results Foerster 13. 1m 25 16. 3m 25 4. Team 24 10. MIX-SYN-3m 23 18. 3m 23 21. 1m 22, 23
	Alexandru Avasiloe DoB: 26 NOV 2004 (21) PoB/Res.: Bucharest Club: CSA Steaua Bucharest Coach: Florin Avasiloe Occ.: Student (Management and Sport Education) Height: 179cm	Note Avasiloe Became the 1st Romanian diver who got a springboard final at an European Championship	Results Avasiloe 41. 3m 23 46. 1m 23 JUN-9. 1m 22 JUN-9. Team 22 JUN-24. 3m 22	Results Avasiloe 9. 1m 25 10. 3m 25 4. Team 24 10. 3m 24 18. 1m 24 10. MIX-SYN-3m 23 16. 1m 23 24. 3m 23

Medallists at Recent Major Championships

2024 Doha (WCh) 1 300.93 Bedggood-Keeney, AUS 2 287.49 Pellacani-Santoro, ITA 3 285.03 Yi-Kim, KOR	2024 Belgrade (ECh) 1 268.50 Bent-Ashmeil-Cutmore, GBR 2 261.42 Nilsson Garip-Petersen, SWE 3 260.85. Massenberg-Rother, GER	2024 Paris (OG) Not on the competition programme	2025 Antalya (ECh) 1 289.74 Hentschel-Avila, GER 2 289.71 Pellacani-Santoro, ITA 3 271.80 Bent-Ashmeil-Cutmore, GBR	2025 Singapore (WCh) 1 308.13 Pellacani-Santoro, ITA 2 307.26 Keeney-Rousseau, AUS 3 305.70 Li-Cheng, CHN
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