



European Champion 2024	Netherlands
World Champion 2024	USA
Olympic Champion 2024	Spain
World Cup Champion 2025	Greece
World Champion 2025	Greece

**Best results Spain**

- **Olympics:** so far **4 participations** (first in 2012) – Last participation/Best result: Olympic Champion 2024 1<sup>st</sup>; Silver medallist 2012 and 2021
- **World Championships:** so far **14 participations** (first in 1998) – Last participation: 2025 3<sup>rd</sup> – Best result: World Champion 2013; Silver medallist 2017, 2019 and 2023; Bronze medallist 2024 and 2025
- **European Championships:** so far **16 participations** (first in 1993) – Last participation: 2024 2<sup>nd</sup> – Best results: European Champion 2014, 2002 and 2022; Silver medallist 2008 and 2024; Bronze medallist 2018
- **World Cup:** so far **4 participations** (first in 2014) – Last participation: 2025 5<sup>th</sup> – Best results: 2018 2<sup>nd</sup>, 2014 and 2023 3<sup>rd</sup>
- **World League:** so far **16 participations** (first in 2005) – Last participation: 2022 1<sup>st</sup> – Best results: 2022 1<sup>st</sup> 2016 2<sup>nd</sup>

<b>1</b>	<b>Martina TERRE</b> <i>Goalkeeper / Righthanded</i> <i>International since 2019</i> <b>TM: 14x – TG: 0 – TS: 1 –</b> <b>TGKS: 82 – TGKSR: 148 –</b> <b>TPT: 322:27</b>	<b>DoB</b> 28 AUG 2002 (23) <b>POB / Residence</b> Barcelona <b>Height / Weight</b> 175cm / 69kg <b>Club</b> CN Sant Andreu <b>Coach (Club)</b> Javier Aznar <b>Playing WP since</b> 2016	<b>Results</b> Olympics: 2024 1 <sup>st</sup> WCh: 2023 2 <sup>nd</sup> , 2024 and 2025 3 <sup>rd</sup> , 2022 5 <sup>th</sup> ECh: 2022 1 <sup>st</sup> , 2024 2 <sup>nd</sup> JUN-WCh: 2021 1 <sup>st</sup> JUN-ECh: 2022 1 <sup>st</sup>  <b>Note</b> Older sister of Mariona Terre	
<b>2</b>	<b>Ariadna RUIZ</b> <i>Attacker / Lefthanded</i> <b>TM: 4 – TG: 6 – TS: 14 –</b> <b>TPT: 61:47</b>	<b>DoB</b> 15 JUL 2002 (23) <b>POB / Residence</b> Rubi <b>Height / Weight</b> 170cm / 66kg <b>Club</b> CN Sant Andreu <b>Coach (Club)</b> Javier Aznar <b>Playing WP since</b> 2014	<b>Results</b> WCh: 2024 and 2025 3 <sup>rd</sup> ECh: 2024 2 <sup>nd</sup>  <b>Note:</b> Eindhoven 2024 was her 1 <sup>st</sup> international Championship on senior level. Older sister of Elena Ruiz.	
<b>3</b>	<b>Queralt BERTRAN</b> <i>Attacker / Righthanded</i>	<b>DoB</b> 10 NOV 2004 (21) <b>POB / Residence</b> Barcelona <b>Height / Weight</b> 169cm / 65kg <b>Club</b> Assolim CN Mataro <b>Coach (Club)</b> Dani Ballart <b>Playing WP since</b> 2014	<b>Results</b>	
<b>4</b>	<b>Beatriz ORTIZ</b> <i>Attacker / Righthanded</i> <i>International since 2013</i> <b>TM: 37 – TG: 90 – TS: 193 –</b> <b>TPT: 769:54</b>	<b>DoB</b> 21 JUN 1995 (30) <b>POB / Residence</b> Rubi (Barcelona) <b>Height / Weight</b> 176cm / 64kg <b>Club</b> FTI Telecom, HUN <b>Coach (Club)</b> Márk Matajusz <b>Playing WP since</b> 2004	<b>Results</b> Olympics: 2024 1 <sup>st</sup> , 2021 2 <sup>nd</sup> , 2016 5 <sup>th</sup> WCh: 2017, 2019 and 2023 2 <sup>nd</sup> , 2024 and 2025 3 <sup>rd</sup> , 2022 5 <sup>th</sup> , 2015 7 <sup>th</sup> ECh: 2020 and 2022 1 <sup>st</sup> , 2024 2 <sup>nd</sup> , 2018 3 <sup>rd</sup> , 2016 4 <sup>th</sup> JUN-WCh: 2013 and 2015 2 <sup>nd</sup> Youth-ECh: 2013 2 <sup>nd</sup> , 2014 3 <sup>rd</sup>  <b>Note:</b> LEN Award – Player of the year 2021 No participation WCh 2025	
<b>5</b>	<b>Nona PEREZ</b> <i>Attacker / Righthanded</i> <i>International since 2019</i> <b>TM: 14 – TG: 10 – TS: 21 –</b> <b>TPT: 257.17</b>	<b>DoB</b> 10 APR 2003 (22) <b>POB</b> Sabadell (Barcelona) <b>Height / Weight</b> 169cm / 66kg <b>Occupation</b> Athlete <b>Club</b> CN Sant Andreu <b>Coach (Club)</b> Javier Aznar	<b>Results</b> Olympics: 2024 1 <sup>st</sup> WCh: 2023 2 <sup>nd</sup> , 2024 and 2025 3 <sup>rd</sup> , 2022 5 <sup>th</sup> ECh: 2022 1 <sup>st</sup> , 2024 2 <sup>nd</sup> JUN-WCh: 2021 1 <sup>st</sup> JUN-ECh: 2022 1 <sup>st</sup>  <b>Note</b> European Aquatics Women's Water Polo Athlete of the Year 2025	

TM: Total ECh Matches – TG: Total ECh Goals – TS: Total ECh Shots – TGKS: Total Goalkeeper Saves – TGKSR – Total Goalkeeper Shot received –  
 TPT: Total playing time ECh



<b>6</b>	<b>Paula CRESPI</b> <i>Center, Defender / Righthanded</i> <i>International since 2015</i> <b>TM: 14 – TG: 14 – TS: 32</b> <b>TPT: 19:00</b>	<b>DoB</b> 07 APR 1998 (27) <b>POB / Residence</b> Barcelona <b>Height / Weight</b> 175cm / 70kg <b>Occupation</b> Athlete <b>Club</b> Astralpool CN Sabadell <b>Coach (Club)</b> David Palma <b>Playing WP since</b> 2009	<b>Results</b> Olympics: 2024 1 <sup>st</sup> WCh: 2017, 2019 and 2023 2 <sup>nd</sup> , 2024 and 2025 3 <sup>rd</sup> ECh: 2022 1 <sup>st</sup> , 2024 2 <sup>nd</sup>	
<b>7</b>	<b>Elena RUIZ</b> <i>Attacker / Righthanded</i> <i>International since 2021</i> <b>TM: 14 – TG: 26 – TS: 67</b> <b>TPT: 312:38</b>	<b>DoB</b> 29 OCT 2004 (21) <b>POB / Residence</b> Rubí (Barcelona) <b>Height / Weight</b> 170cm / 65kg <b>Club</b> CN Sant Andreu <b>Coach (Club)</b> Javier Aznar <b>Playing WP since</b> 2014	<b>Results</b> Olympics: 2024 1 <sup>st</sup> , 2021 2 <sup>nd</sup> WCh: 2023 2 <sup>nd</sup> , 2024 and 2025 3 <sup>rd</sup> , 2022 5 <sup>th</sup> ECh: 2020 and 2022 1 <sup>st</sup> , 2024 2 <sup>nd</sup> JUN-WCh: 2021 1 <sup>st</sup>	
<b>8</b>	<b>Paula PRATS</b> <i>Attacker / Lefthanded</i> <i>International since 2019</i> <b>TM: 8 – TG: 10 – TS: 23</b> <b>TPT: 123:08</b>	<b>DoB</b> 06 SEP 2003 (22) <b>POB / Residence</b> Barcelona <b>Height / Weight</b> 174cm / 66kg <b>Club</b> CN Terrassa <b>Coach (Club)</b> Xavi Perez <b>Playing WP since</b> 2012	<b>Results</b> WCh: 2025 3 <sup>rd</sup> ECh: 2022 1 <sup>st</sup>	
<b>9</b>	<b>Mireia GUIRAL</b> <i>Defender / Righthanded</i>	<b>DoB</b> 10 NOV 2004 (21) <b>POB / Residence</b> Barcelona <b>Height / Weight</b> 170cm / 66kg <b>Club</b> Assolim CN Mataro <b>Coach (Club)</b> Dani Ballart <b>Playing WP since</b> 2015	<b>Results</b>	
<b>10</b>	<b>Paula CAMUS</b> <i>Center / Righthanded</i> <i>International since 2019</i> <b>TM: 14 – TG: 21 – TS: 37</b> <b>TPT: 167:02</b>	<b>DoB</b> 12 DEC 2002 (23) <b>POB</b> Madrid <b>Residence</b> Terrassa <b>Height / Weight</b> 189cm / 75kg <b>Occupation</b> Athlete <b>Club</b> CN Saint Andreu <b>Coach (Club)</b> Javier Aznar <b>Playing WP since</b> 2012	<b>Results</b> Olympics: 2024 1 <sup>st</sup> WCh: 2023 2 <sup>nd</sup> , 2024 and 2025 3 <sup>rd</sup> , 2022 5 <sup>th</sup> ECh: 2022 1 <sup>st</sup> , 2024 2 <sup>nd</sup> JUN-WCh: 2021 1 <sup>st</sup> JUN-ECh: 2022 1 <sup>st</sup>	
<b>11</b>	<b>Carlota PENALVER</b> <i>Attacker / Righthanded</i>	<b>DoB</b> 30 JUN 2006 (19) <b>POB / Residence</b> Barcelona <b>Height</b> 177cm / 66kg <b>Club</b> CN Mediterrani <b>Coach (Club)</b> Marian Diaz <b>Playing WP since</b> 2016	<b>Results</b> WCh: 2025 3 <sup>rd</sup>	
<b>12</b>	<b>Paula LEITÓN</b> <i>Center / Righthanded</i> <i>International since 2015</i> <b>TM: 29 – TG: 39 – TS: 70</b> <b>TPT: 528:31</b>	<b>DoB</b> 27 APR 2000 (25) <b>POB / Residence</b> Terrassa (Barcelona) <b>Height / Weight</b> 188cm / 98kg <b>Occupation</b> Athlete <b>Club</b> CN Athletic Barceloneta <b>Coach (Club)</b> Jesus Martin <b>Playing WP since</b> 2008	<b>Results</b> Olympics: 2024 1 <sup>st</sup> , 2021 2 <sup>nd</sup> WCh: 2017 and 2019 2 <sup>nd</sup> , 2024 and 2025 3 <sup>rd</sup> , 2022 5 <sup>th</sup> ECh: 2014, 2020 + 2022 1 <sup>st</sup> , 2024 2 <sup>nd</sup> , 2016 4 <sup>th</sup> JUN-WCh: 2015 and 2016 2 <sup>nd</sup> JUN-ECh: 2016 2 <sup>nd</sup> Youth-ECh: 2013 2 <sup>nd</sup> , 2014 3 <sup>rd</sup>	
<b>13</b>	<b>Mariona TERRE</b> <i>Goalkeeper / Righthanded</i>	<b>DoB</b> 12 OCT 2004 (21) <b>POB / Residence</b> Barcelona <b>Height / Weight</b> 175cm / 68kg <b>Club</b> Assolim CN Mataro <b>Coach (Club)</b> Dani Ballart <b>Playing WP since</b> 2018	<b>Results</b> <b>Note</b> Younger sister of Mariona Terre	
<b>14</b>	<b>Irene GONZALEZ</b> <i>Attacker / Righthanded</i> <i>International since 2019</i> <b>TM: 14 – TG: 14 – TS: 36</b> <b>TPT: 209:54</b>	<b>DoB</b> 23 JUL 1996 (29) <b>POB / Residence</b> Barcelona <b>Height / Weight</b> 173cm / 66kg <b>Occupation</b> Athlete <b>Club</b> Astralpool CN Sabadell <b>Coach (Club)</b> David Palma <b>Playing WP since</b> 2010	<b>Results</b> WCh: 2025 3 <sup>rd</sup> ECh: 2022 1 <sup>st</sup>	
<b>15</b>	<b>Queralt ANTON</b> <i>Defender / Righthanded</i>	<b>DoB</b> 22 JAN 2008 (17) <b>POB / Residence</b> Barcelona <b>Height / Weight</b> 170cm / 66kg <b>Club</b> CN Sant Andreu <b>Coach (Club)</b> Javier Aznar <b>Playing WP since</b> 2018	<b>Results</b> <b>Note</b> Celebrated her 17 <sup>th</sup> birthday on January 22	

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 TPT: Total playing time ECh



COACHES

<p><b>Jordi VALLS</b> <i>Head Coach</i></p>	<p>DoB 04 NOV 1977 (48) PoB Terrassa Residence Nationality ESP</p> <p><i>National coach since 2009. Head Coach since 2025.</i></p>	<p><b>Results as coach (Women):</b> Olympics: 2024 1<sup>st</sup>, 2012 and 2021 2<sup>nd</sup> WCh: 2013 1<sup>st</sup>, 2017, 2019 and 2023 2<sup>nd</sup>, 2024 and 2025 3<sup>rd</sup>, 2022 5<sup>th</sup>, 2015 7<sup>th</sup>, 2011 11<sup>th</sup> ECh: 2014, 2020 and 2022 1<sup>st</sup>, 2024 2<sup>nd</sup>, 2012 5<sup>th</sup>, 2016 4<sup>th</sup>, 2010 6<sup>th</sup></p> <p><b>Note</b> Former assistant coach of Miki Oca from 2009 to 2024. Achieved gold for Spain at the Paris 2024 Olympics as well as silver medals in 2012 and 2020. Valls was also part of the coaching staff that led Spain to its first world championship title at the 2013 Barcelona World Championships. He also has an extensive background in developing young talents. He guided Spain's U20 teams to World Championship gold in 2011 (Trieste) and 2021 (Netanya) as well as the U19 team to European gold in 2018 (Funchal).</p>	
<p><b>Antonio APARICIO</b> <i>Assistant Coach</i></p>	<p>DoB 8 MAR 1960 (65) PoB Barcelona Residence Sant Cugat Nationality ESP</p> <p><i>National coach since 1997.</i></p>	<p><b>Results as coach Team ESP (Men's National team):</b> Olympics: 2020 4<sup>th</sup>, 2008 5<sup>th</sup>, 2004 and 2012 6<sup>th</sup> WCh: 2022, 1998 and 2001 1<sup>st</sup>, 2009 and 2019 2<sup>nd</sup>, 2003 and 2007 3<sup>rd</sup>, 2005 and 2011 5<sup>th</sup> ECh: 2020 2<sup>nd</sup>, 2006 3<sup>rd</sup>, 2008 7<sup>th</sup></p>	
<p><b>Carla FARGAS</b> <i>Assistant Coach</i></p>	<p>DoB 17 NOV 1989 (36) PoB Residence Nationality ESP</p>		
<p><b>Mario Jose GARCIA</b> <i>Assistant Coach</i></p>	<p>DoB 15 JUL 1983 (42) PoB Residence Nationality ESP</p>		