

DAY 7 • FINAL • Women's 400m free • 16 August 2026

World Record	3:54.18	Summer McIntosh (CAN)	07 JUN 2025, Victoria
(27.22 – 56.95 (100m) – 1:26.56 – 1:56.42 (200m) – 2:26.04 – 2:55.65 (300m) – 3:25.12 – 3:54.18)			
European Record	3:59.15	Federica Pellegrini (ITA)	26 Jul 2009, Rome
(28.45 – 58.66 (100m) – 1:28.97 – 1:59.42 (200m) – 2:29.66 – 2:59.93 (300m) – 3:29.79 – 3:59.15)			
World Best Time 2026	3:58.91	Summer McIntosh (CAN) (30 APR 2026)	
Olympic Champion 2024	3:57.49	Ariarne Titmus (AUS)	
World Champion 2025	3:56.26	Summer McIntosh (CAN)	
European Champion 2024	4:06.56	Ajna Kesely (HUN)	
Championships Record	4:01.53	Federica Pellegrini (ITA), 2008	

Lane	Name	Personal Info	OG	WC	EC
1 <i>QT 4:11.70</i>	 Artemis VASILAKI GRE PB 4:10.57	DoB: 26 APR 2005 (21) PoB / Residence: Heraklion (Creta) Club: Tritonas Heraklio Coach: Giorgos Sourdis	Note Vasilaki and Werner have the same birthday.	LC-19. 800FR + 1500FR 25 LC-21. 400IM 25 LC-28. 800FR 23 SC-15. 1500FR 24 SC-16. 800FR 24	LC-4. 800FR 26 LC-7. 1500FR 26 SC-4. 1500FR 25 SC-7. 800FR 25 SC-17. 400FR 25 U23-1. 1500FR 25 JUN-1. 100FR 25 JUN-3. 800FR 25
2 <i>QT 4:09.78</i>	 Kseniia MISHARINA NAB PB 4:05.54	DoB: 15 JAN 2009 (17)) PoB / Residence: Moscow Coach: Tatiana Mankevich Height: 180cm		LC-12. 1500FR 25 LC-17. 800FR 25 JUN-2. 1500FR 25 JUN-3. 800FR 25 OWS 10. 3km-Ko 25	LC-5. 1500FR 26 LC-3. 4x200FR 26 LC-3. 4x200FR-Mix 26 JUN-1. 400FR + 800FR +1500FR 26 JUN-2. 400FR 25
3 <i>QT 4:08.01</i>	 Francisca SOARES MARTINS POR PB 4:07.50	DoB: 27. JUN 2003 (23) PoB / Res.: Felgueiras Club: FOCA - Felgueiras Coach: Simão Marinho Occ.: Student (economics) Height: 174cm	World University Games 1. 400FR 25 2. 200FR + 800FR 25	LC-20. 200FR 25 LC-15. 400FR 25 LC-20. 200FR 24 LC-20. 400FR 24	LC-8. 800FR 26 LC-9. 200FR LC-8. 4x100FR + 4x200FR 26 LC-3. 400FR 24 LC-22. 400FR 21 U23-2. 200FR 23 U23-3. 400FR 23 SC-11. 400 + 800FR 25 SC-5. 400FR 23
4 <i>QT 4:05.40</i>	 Maya WERNER GER PB 4:05.40	DoB: 26 APR 2005 (21) PoB: Bietigheim-Bissingen Residence: Magdeburg Club: SC Magdeburg Coach: Bernd Berkahn Occupation: Sport soldier Height: 184cm	Note Werner and Vasilaki have the same birthday.	LC-8. 400FR 25 LC-15. 800FR 25 LC-26. 200FR 25	LC-3. 800FR + 1500FR 26 5. 400FR 24 8. 200BK 24 3. 4x100FR 24 SC-8. 400FR 23 U23-1. 400FR + 800FR 25 SC-3. 800FR 25 SC-4. 400FR 25
5 <i>QT 4:06.37</i>	 Isabel GOSE GER PB 4:02.14	DoB: 09 MAY 2002 (24) PoB: Berlin Residence: Osterburg Club: SC Magdeburg Coach: Bernd Berkahn Occ.: Sport soldier Height: 182cm	3. 1500FR 24 5. 400FR + 800FR 24 6. 400FR + 4x200FR 21 9. 800FR 21 11. 200FR 21 Note In 2025, Gose ventured into OWS for the first time; last week she won 2 European gold (3km-Ko, Team) in Paris.	POOL LC-2. 800FR 24 LC-3. 400FR + 1500FR 24 SC-1. 1500FR 24 SC-2. 800FR 24 OWS 1. Team 25	LC-2. 800FR + 1500FR 26 LC-1. 400FR 22 LC-2. 800FR 22 / LC-3. 200FR 22 SC-1. 400FR 25 / SC-2. 400FR 19 SC-3. 400FR + 800FR 21 U23-1. 400FR + 800FR + 1500FR 23 JUN-1. 100FR + 200FR + 400FR 19 JUN-1. 200FR 18 OWS 1. 3km-Ko+ Team 26
6 <i>QT 4:08.07</i>	 Simona QUADARELLA ITA PB 4:03.35	DoB: 18 DEC 1998 (27) PoB: Rome Club: Circolo Canottieri Aniene Coach: Gianluca Belfiore Height: 172cm	4. 800FR 24 4. 1500FR 24 3. 800FR 21 5. 1500FR 21 YOG-1. 800FR 14	LC-1. 800FR 24 LC-1. 1500FR 19, 24 LC-2. 800FR 19 LC-2. 1500FR 23, 25 LC-3. 800FR 22 LC-3. 1500FR 17 SC-2. 800FR 18 SC-3. 800FR 21	LC-1. 800FR+ 1500FR 26 LC-5. 4x200FR 26 LC-1. 400FR 18, 21, 22 LC-1. 800FR 18, 21, 22 LC-1. 1500FR 18, 21 LC-2. 400FR 22 SC-2. 800FR + 1500FR 21, 23 SC-1. 400 + 800FR 19
7 <i>QT 4:11.03</i>	 Sarah DUMONT BEL PB 4:08.42	DoB: 06 MAR 2007 (19) PoB: Montréal, CAN Residence: Namur, BEL Club: Namur Olympique Club Coach: Valérie Delvaux Occ.: Student (medicine) Height: 176cm	Note Sister of swimmer Valentine Dumont. Also competing in the 200FL final this afternoon.		LC-7. 200FR FR JUN-1. 200FL 24 JUN-2. 400IM 24 JUN-3. 400FR 24
8 <i>QT 4:12.05</i>	 Barbora SEEMANOVA CZE PB 4:03.41	DoB: 01 APR 2000 (26) PoB / Residence: Prague Club: Motorlet Prague Coach: Tom Rushton Occupation: Athlete Height: 176cm	6. 200FR 24 9. 100FL 24 13. 100FR 24 22. 200IM 24 6. 200FR 21 21. 100FR 21 31. 200FR 16	LC-5. 200FR 25 LC-10. 100FR 25 LC-4. 200FR 24 LC-8. 100FR 24 LC-13. 400FR 19 SC-6. 50FR 18 SC-8. 200FR 18	LC-1. 200FR 26 LC-7. 100FR 26 LC-5. 4X00FR-Mix 26 LC-1. 100FR + 200FR 24 LC-2. 400FR 24 LC-3. 200IM 24 LC-1. 200FR 21 SC-2. 200FR 23 JUN-2. 100FR + 200FR 16

All-time World Rankings (WA)

3:54.18	Summer McIntosh (CAN)	07/06/25
3:55.38	Ariarne Titmus, AUS	23/07/23
3:56.46	Katie Ledecky, USA	07/08/16
3:58.21	Bingjie Li, CHN	27/07/25
3:58.87	Lani Pallister, AUS	27/07/25
3:59.15	Federica Pellegrini, ITA	26/07/09
3:59.44	Erika Fairweather (NZL)	11/02/24
4:00.05	Claire Weinstein, USA	06/06/25
4:00.60	Joanne Jackson, GBR	26/07/09
4:00.65	Leah Smith, USA	27/06/16

Current World Rankings (since 01.01.2026)

3:58.91	Summer McIntosh, CAN	30/04/26
3:59.02	Katie Ledecky, USA	30/04/26
3:59.36	Lani Pallister, AUS	07/04/26
4:01.42	Erika Fairweather, NZL	13/05/26
4:02.92	Isabel Gose, GER	23/04/26
4:02.99	Agostina Hein, ARG	30/05/26
4:03.15	Bingjie Li, CHN	22/03/26
4:03.41	Maria de Oliveira da Silva Costa, BRA	07/04/26
4:03.59	Simona Quadarella, ITA	18/04/26
4:04.30	Jenna Forrester, AUS	08/06/26

European Record History (last 10)

4:06.39	Heike Friedrich, GDR	Strasbourg, 1987
4:05.94	Heike Friedrich, GDR	Seoul, 1988
4:05.84	Anke Moehring, GDR	Bonn 1989
4:05.34	Laure Manaudou, FRA	Athens, 2004
4:03.03	Laure Manaudou, FRA	Tours, 2006
4:02.13	Laure Manaudou, FRA	Budapest, 2006
4:01.53	Federica Pellegrini, ITA	Eindhoven, 2008
4:00.66	Joanne Jackson, GBR	Sheffield, 2009
4:00.41	Federica Pellegrini, ITA	Pescara, 2009
3:59.15	Federica Pellegrini, ITA	Rome, 2009

Medallists at Recent Major Championships

2022 Rome (ECh)	2024 Doha (WCh)	2024 Belgrade (ECh)	2024 Paris (OG)	2025 Singapore (WCh)
1 4:04.13 Isabel Gose, GER	1 3:59.44 Erika Fairweather, NZL	1 4:05.56 Ajna Kesely, HUN	1 3:57.49 Ariarne Titmus, AUS	1 3:56.26 Summer McIntosh, CAN
2 4:04.77 Simona Quadarella, ITA	2 4:01.62 Bingjie Li, CHN	2 4:06.72 Barbora Seemanova, CZE	2 3:58.37 Summer McIntosh, CAN	2 3:58.21 Bingjie Li, CHN
3 4:08.00 Ajna Kesely, HUN	3 4:02.39 Isabel Gose, GER	3 4:10.94 Francisca Martins, POR	3 4:00.86 Katie Ledecky, USA	3 3:58.49 Katie Ledecky, USA